All Saint's P.S.

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ea Education Authority

	Monday	Tuesday	Wednesday	Thursday	Friday	Breads
WEEK 1	Spaghetti Bolognaise &	Breast of Chicken Curry with	Homemade Breaded Chicken	Roast Pork Or	Hot-Dog Or	Milk, Water
	Homemade Garlic Bread Or	Boiled Rice & Naan Bread Or	Goujons & Dip Or	Roast Breast of Chicken	Ciabatta Pizza	Fresh Fruit,
30 th Aug	O/B Breaded Fish Fingers	Chicken & Cheese Melt	Spicy Chicken Fajita with	Herb Stuffing	Baked Beans	Yoghurt
	Fresh Baton Carrots	Garden Peas / *Salad Selection	Warm Tortilla Wrap	Fresh Diced Carrots	Garden Peas / *Tossed Salad	Available Daily
27 th Sept	Medley of Fresh Vegetables	Mashed Potato	Sweetcorn / *Salad Selection	Broccoli Florets	Mashed Potato	
25 th Oct	Mashed Potato	Baby Boiled Potatoes	Mashed Potato	Mashed Potato	Chips	
22 nd Nov	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	
20 th Dec	Egg Sponge with Jam Topping	Vanilla Ice-Cream / Oranges &	Fresh Fruit Selection &	Rice Krispie Square & Custard	Oat Biscuit &	*2 Items from
	& Custard	Chocolate Sauce	Fresh Yoghurt		Fresh Fruit Chunks	Cook's Salad
WEEK 2	Chicken Chow Mein Or	Breast of Chicken Curry with	Cheesy Bolo Pasta Or	Roast Breast of Chicken or	Homemade Breaded Chicken	Selection
	Steak Burger	Boiled Rice & Naan Bread Or	Fresh Breaded Fish Goujons	Chicken Crumble	Nuggets Or	Rice Salad,
6 th Sept	Broccoli Florets	Homemade Margherita Pizza	Lemon Slice / Tartar Sauce	Herb Stuffing	Hot Thai Flavoured Chicken	Coleslaw
	Fresh Baton Carrots	Garden Peas / *Tossed Salad	Baked Beans	Cauliflower Cheese	Wrap with a Salsa Dip	Sweet Chilli Pasta
4 th Oct	Mashed Potato	Mashed Potato	Sweetcorn / Garden Peas	Fresh Diced Carrots / Parsnip	Sweetcorn / *Salad Selection	Tossed Salad
1 st Nov	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Mashed Potato	Mashed Potato	Baked Potato / Chips	Lettuce, Cherry
29 th Nov			Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Tomato
	Chocolate Brownie, Pears &	Homemade Shortbread &	Strawberry Jelly & Ice-Cream	Vanilla Sponge &	Fresh Fruit Selection &	Carrot Sticks Cucumber Sticks
	Ice-Cream	Custard	with Fresh Fruit	Custard	Fresh Yoghurt	
WEEK 3	Italian Pasta Bolognaise &	Macaroni Cheese Or	Mexican Enchilada Or	Chicken Panini Or	Traditional Homemade	Diced Red Peppers
	Homemade Garlic Bread Or	Homemade Salt & Chilli Or	Oven Baked Sausages	Roast Turkey	Chicken Or Smooth & Hearty	Red Onion
13 th Sept	O/B Breaded Fish Fingers	Homemade Breaded Chicken	Garden Peas	Herb Stuffing	Vegetable Soup	Radish
	Baked Beans	Goujons & Dip	Mediterranean Roasted	Fresh Diced Carrots / Parsnip	Steak Burger in a Bap Or	
11 th Oct	Sweetcorn / Broccoli Florets	Fresh Baton Carrots	Vegetables	Fresh Savoy Cabbage	Bang Bang Chicken in a Hot	
8 th Nov	Mashed Potato	*Salad Selection	Mashed Potato	Mashed Potato	Baguette	
6 th Dec	Hot Pasta Twists / Gravy	Mashed Potato / Chips	Baby Boiled Potatoes	Hot Pasta Twists / Gravy	Mashed Potato / Tossed Salad	If You Require
		Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy		Selection of Breads	Any Additional
	Chocolate and Orange Sponge	Raspberry Ripple Ice-Cream	Fresh Fruit Selection &	Cornflake Square &	Strawberry Mousse &	Information on
	& Custard	Tub & Fresh Fruit Chunks	Fresh Yoghurt Roast Breast of Chicken Or	Custard	Fresh Fruit Salad	Allergens or
WEEK 4	Breast of Chicken Curry with Boiled Rice & Naan Bread Or	Chicken Stir Fry & Noodles Or Oven Baked Sausages	Roast Breast of Chicken Or Beef Stew	Spaghetti Bolognaise & Homemade Garlic Bread Or	Homemade Margherita Pizza Or Marinated Chicken Fillet	Special Diets
	Chicken & Broccoli Bake	Baked Beans	Herb Stuffing	Fresh Breaded Fish Goujons Or	with Warm Tortilla Wrap	Please Contact
20 th Sept	Garden Peas	Sweetcorn	Fresh Diced Turnip	Salmon Fish Cake	Sweetcorn	the School to
18 th Oct	Fresh Savoy Cabbage	Fresh Baton Carrots	Fresh Diced Carrots	Lemon Slice / Tartar Sauce	*Salad Selection	complete a
15 th Nov	Mashed Potato	Mashed Potato	Mashed Potato	Broccoli & Cauliflower Florets	Traditional Champ	Special Diets
13 th Dec	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Mashed Potato	Chips	Application Form
T2. Dec	,,	,,	,,	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	
	Lemon Drizzle Cake &	Flakemeal Biscuit, Fresh Fruit	Chocolate Brownie & Custard	Fresh Fruit Selection &	Arctic Roll &	
	Custard	& Custard		Fresh Yoghurt	Fresh Fruit Chunks	

