All Saint's P.S.

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ea Education Authority

| | Monday | Tuesday | Wednesday | Thursday | Friday | Breads |
|-----------------------|---|--|---|---|--|----------------------------------|
| WEEK 1 | Spaghetti Bolognaise & | Breast of Chicken Curry with | Homemade Breaded Chicken | Roast Pork Or | Hot-Dog Or | Milk, Water |
| | Homemade Garlic Bread Or | Boiled Rice & Naan Bread Or | Goujons & Dip Or | Roast Breast of Chicken | Ciabatta Pizza | Fresh Fruit, |
| 30 th Aug | O/B Breaded Fish Fingers | Chicken & Cheese Melt | Spicy Chicken Fajita with | Herb Stuffing | Baked Beans | Yoghurt |
| | Fresh Baton Carrots | Garden Peas / *Salad Selection | Warm Tortilla Wrap | Fresh Diced Carrots | Garden Peas / *Tossed Salad | Available Daily |
| 27 th Sept | Medley of Fresh Vegetables | Mashed Potato | Sweetcorn / *Salad Selection | Broccoli Florets | Mashed Potato | |
| 25 th Oct | Mashed Potato | Baby Boiled Potatoes | Mashed Potato | Mashed Potato | Chips | |
| 22 nd Nov | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | |
| 20 th Dec | Egg Sponge with Jam Topping | Vanilla Ice-Cream / Oranges & | Fresh Fruit Selection & | Rice Krispie Square & Custard | Oat Biscuit & | *2 Items from |
| | & Custard | Chocolate Sauce | Fresh Yoghurt | | Fresh Fruit Chunks | Cook's Salad |
| WEEK 2 | Chicken Chow Mein Or | Breast of Chicken Curry with | Cheesy Bolo Pasta Or | Roast Breast of Chicken or | Homemade Breaded Chicken | Selection |
| | Steak Burger | Boiled Rice & Naan Bread Or | Fresh Breaded Fish Goujons | Chicken Crumble | Nuggets Or | Rice Salad, |
| 6 th Sept | Broccoli Florets | Homemade Margherita Pizza | Lemon Slice / Tartar Sauce | Herb Stuffing | Hot Thai Flavoured Chicken | Coleslaw |
| | Fresh Baton Carrots | Garden Peas / *Tossed Salad | Baked Beans | Cauliflower Cheese | Wrap with a Salsa Dip | Sweet Chilli Pasta |
| 4 th Oct | Mashed Potato | Mashed Potato | Sweetcorn / Garden Peas | Fresh Diced Carrots / Parsnip | Sweetcorn / *Salad Selection | Tossed Salad |
| 1 st Nov | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Mashed Potato | Mashed Potato | Baked Potato / Chips | Lettuce, Cherry |
| 29 th Nov | | | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Tomato |
| | Chocolate Brownie, Pears & | Homemade Shortbread & | Strawberry Jelly & Ice-Cream | Vanilla Sponge & | Fresh Fruit Selection & | Carrot Sticks Cucumber Sticks |
| | Ice-Cream | Custard | with Fresh Fruit | Custard | Fresh Yoghurt | |
| WEEK 3 | Italian Pasta Bolognaise & | Macaroni Cheese Or | Mexican Enchilada Or | Chicken Panini Or | Traditional Homemade | Diced Red Peppers |
| | Homemade Garlic Bread Or | Homemade Salt & Chilli Or | Oven Baked Sausages | Roast Turkey | Chicken Or Smooth & Hearty | Red Onion |
| 13 th Sept | O/B Breaded Fish Fingers | Homemade Breaded Chicken | Garden Peas | Herb Stuffing | Vegetable Soup | Radish |
| | Baked Beans | Goujons & Dip | Mediterranean Roasted | Fresh Diced Carrots / Parsnip | Steak Burger in a Bap Or | |
| 11 th Oct | Sweetcorn / Broccoli Florets | Fresh Baton Carrots | Vegetables | Fresh Savoy Cabbage | Bang Bang Chicken in a Hot | |
| 8 th Nov | Mashed Potato | *Salad Selection | Mashed Potato | Mashed Potato | Baguette | |
| 6 th Dec | Hot Pasta Twists / Gravy | Mashed Potato / Chips | Baby Boiled Potatoes | Hot Pasta Twists / Gravy | Mashed Potato / Tossed Salad | If You Require |
| | | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | | Selection of Breads | Any Additional |
| | Chocolate and Orange Sponge | Raspberry Ripple Ice-Cream | Fresh Fruit Selection & | Cornflake Square & | Strawberry Mousse & | Information on |
| | & Custard | Tub & Fresh Fruit Chunks | Fresh Yoghurt Roast Breast of Chicken Or | Custard | Fresh Fruit Salad | Allergens or |
| WEEK 4 | Breast of Chicken Curry with Boiled Rice & Naan Bread Or | Chicken Stir Fry & Noodles Or Oven Baked Sausages | Roast Breast of Chicken Or Beef Stew | Spaghetti Bolognaise & Homemade Garlic Bread Or | Homemade Margherita Pizza Or Marinated Chicken Fillet | Special Diets |
| | Chicken & Broccoli Bake | Baked Beans | Herb Stuffing | Fresh Breaded Fish Goujons Or | with Warm Tortilla Wrap | Please Contact |
| 20 th Sept | Garden Peas | Sweetcorn | Fresh Diced Turnip | Salmon Fish Cake | Sweetcorn | the School to |
| 18 th Oct | Fresh Savoy Cabbage | Fresh Baton Carrots | Fresh Diced Carrots | Lemon Slice / Tartar Sauce | *Salad Selection | complete a |
| 15 th Nov | Mashed Potato | Mashed Potato | Mashed Potato | Broccoli & Cauliflower Florets | Traditional Champ | Special Diets |
| 13 th Dec | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | Mashed Potato | Chips | Application Form |
| T2. Dec | ,, | ,, | ,, | Hot Pasta Twists / Gravy | Hot Pasta Twists / Gravy | |
| | Lemon Drizzle Cake & | Flakemeal Biscuit, Fresh Fruit | Chocolate Brownie & Custard | Fresh Fruit Selection & | Arctic Roll & | |
| | Custard | & Custard | | Fresh Yoghurt | Fresh Fruit Chunks | |

